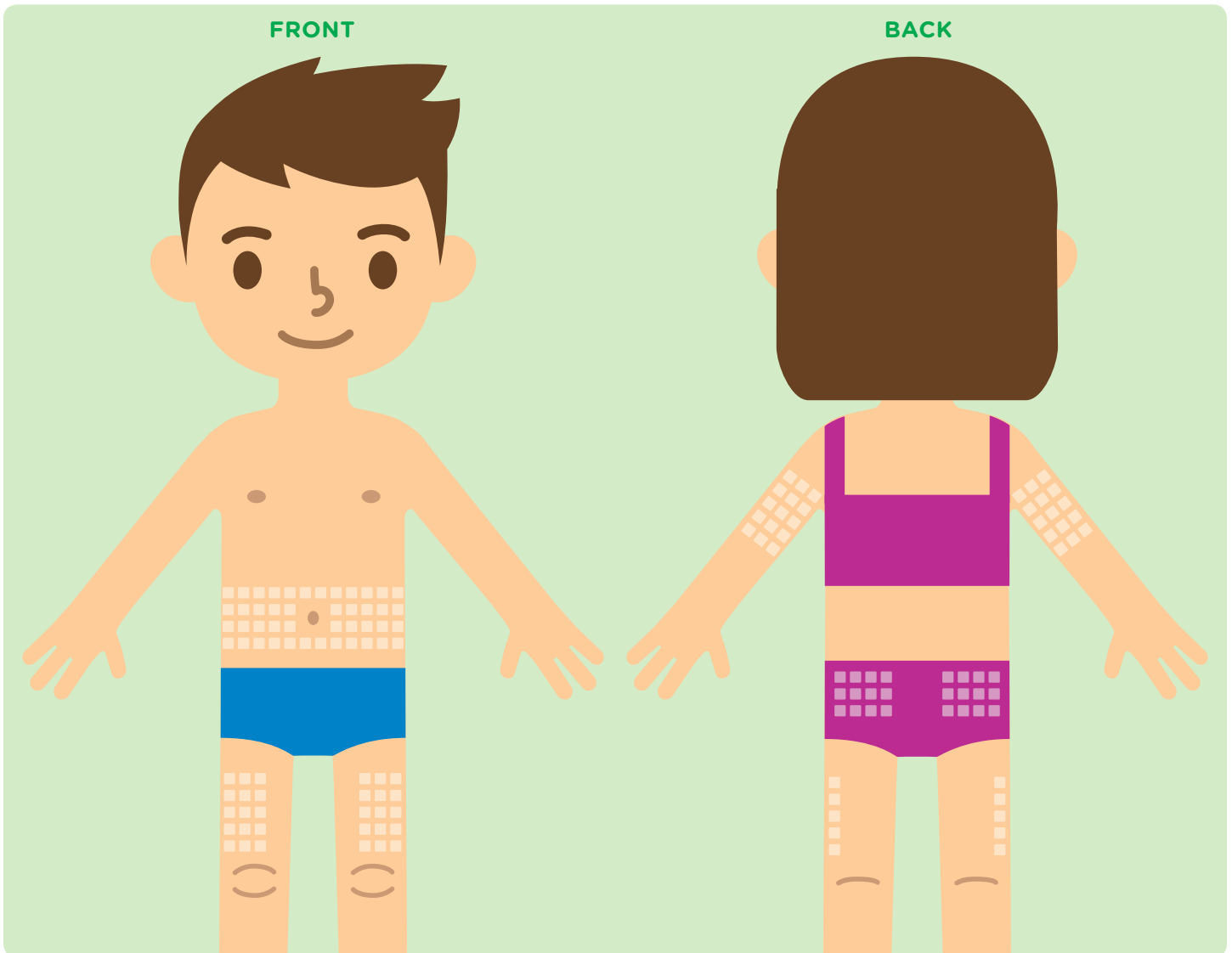


Injection sites

When managing your child's diabetes, it is important to rotate injection sites each time you administer insulin. This will help keep the skin healthy and prevent scar tissue from forming. There are many areas on the body that can be used for an injection. Use the images below to learn where best to give insulin.



Remember to rotate your sites for better absorption.

- Develop a pattern that is easy to remember.
- Administer injections about 1 inch apart.
- Avoid injecting scars and moles.
- Do not inject insulin within 2 inches of the belly button.
- When two insulin shots are needed, choose two different sites.



Call **404-785-KIDS (5437)** and ask to speak to a diabetes educator if you have additional questions or concerns.



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