

# RINCON



## **Building Blocks Family Counseling**

711 Zitterour Drive  
Rincon, GA 31326  
(912) 349-8043

[www.buildingblocksolutions.com](http://www.buildingblocksolutions.com)

**Specialty:** ADHD, Anger Management, Anxiety, Behavioral Concerns, Bipolar Disorders, Depression, Developmental Disabilities, Divorce and Separation Support, Domestic Abuse, Eating Disorders, Family Dynamics, Grief and loss, Learning and School Challenges, LGBTQIA+, Life Transitions, Military Family Support, Multicultural Counseling and Support, OCD, Parenting Skills and Support, Personality Disorders, Pregnancy and/or Post-Pregnancy Support, Relationship Challenges, Self-harming Behavior and/or Suicidal Ideation, Sleep Disorders and Challenges, Social Skills, Substance Abuse, Trauma

**Ages Served:** 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18

**Payment Options:** Private Pay, Out of pocket, Sliding Scale, Practice adjust fee depending on income, Insurance Accepted



**Telehealth?** Available

## **Georgia Outreach**

135 Goshen Rd Suite 117  
Rincon, GA 31326  
(912) 355-3881

[www.georgiaoutreach.com](http://www.georgiaoutreach.com)

**Specialty:** ADHD, Anger Management, Anxiety, Behavioral Concerns, Bipolar Disorders, Depression, Divorce and Separation Support, Domestic Abuse, Eating Disorders, Family Dynamics, Grief and loss, Learning and School Challenges, LGBTQIA+, Life Transitions, Medication Management, Military Family Support, Multicultural Counseling and Support, OCD, Parenting Skills and Support, Personality Disorders, Pregnancy and/or Post-Pregnancy Support, Relationship Challenges, Self-harming Behavior and/or Suicidal Ideation, Sexual Exploitation, Sexuality and Sexual Identity, Sleep Disorders and Challenges, Social Skills, Spirituality, Trauma

**Ages Served:** 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18

**Payment Options:** Private Pay, Out of pocket, Insurance Accepted



**Telehealth?** Available