

# Kidney Transplant

## An overview for school professionals

**Kidney Transplant** can be necessary in children for various genetic or acquired conditions such as:

- Congenital renal obstructive disorders leading to hydronephrosis
- Congenital nephrotic syndrome
- Nephropathic and juvenile cystinosis
- Polycystic kidney disease
- Wegener granulomatosis
- Diabetes
- Lupus nephritis

**What type of support plan is appropriate for a student who has had a liver transplant?**

Students who have had a kidney transplant will be adequately supported through a 504 plan.

**What accommodations are necessary for a student with a kidney transplant?**

### MEDICAL:

- Following a transplant, your student will be on medications that suppress his/her immune system and make him/her more at risk for infection.
  - If your student has a fever >101.5° F, diarrhea, or vomiting, please notify mom or dad.
  - If any other students are sick in the classroom, or if other students have chicken pox, his/her parents should be notified.
- He/she may not have grapefruit or grapefruit juice because it may weaken the effectiveness of his/her medications.
- If your student is seen by the school nurse for fever or pain, as a transplant patient, he/she can only receive Tylenol. He/she should not receive Ibuprofen (or another NSAID).
- Your student should be allowed and encouraged to drink water frequently as this is important for renal protection with the medications after transplant. He/she should not be restricted from bathroom breaks as he should be drinking frequently.
- If there are any turtles, hermit crabs, or hamsters in the classroom: animals cages, and/or accessories, etc. should not be handled by the transplant patient.

**\*Regarding immunizations:** *Please note that a kidney transplant patient cannot receive live vaccinations. They should be exempt from requiring any live vaccines. They can receive dead (in attenuated) vaccines such as the flu vaccine administered yearly. Please note, transplant patients should not receive the intranasal flu vaccine as this is a live vaccine. Any questions regarding vaccinations should be directed towards the patient's doctor's office.*

### ACADEMICS:

- Intermittent hospital/homebound instruction \*when necessary\* – please inform parent of homebound procedures, including: a contact person when homebound is needed, a schedule for accessing homebound that can work around the patient's medical appointments

- Suspension of attendance requirements for absences due to medical appointments and illness
- Partial-day attendance when necessary
- Modified assignments: shorten assignments to emphasize mastery and to limit repetition during extended absences
- Extra time to make up missed assignments
- A system for providing advance assignments to the parent or student for absences due to planned medical appointments
- A system for providing make-up assignments in a timely manner when student is absent due to illness or hospitalization
- Extra set of textbooks for home.
- No contact sports.

The list of accommodations above is not meant to be exhaustive; each student's unique needs will dictate the appropriate accommodations to be listed in his/her 504 plan.