

Everyday things and your device



Cell phones and tablets

Follow these standard guidelines to reduce the chance of interference:

- Keep the cell phone or tablet **at least 6 inches** away from the device.
- Do not carry the phone in a breast pocket or on a belt within 6 inches of the device.
- Wireless internet modems and routers are safe, but stay **at least 6 inches** away from this equipment.

Electricity and Magnets

Generally, most electrical items that are found around the house are safe and will not interfere with the device. Several safety protections are built into pacemakers and ICDs to avoid items affecting how they work.

- Avoid airport security walkthrough scanners.
 - Show security personnel the device ID card.
 - Have security personnel use the wand to perform security scan.
- If you think anything is interfering with your device, move away from or turn off the electrical device.
- If you experience dizziness, extra heartbeats, or a shock from your ICD, move away from the object and contact your doctor.

Other things that are safe

Below is a list of many items that are safe. If you have questions about any other item, ask your doctor.

- Televisions, radios, DVD and CD players
- Video games and computers
- Electric blankets and heating pads
- Tabletop appliances such as toasters, blenders and most modern microwave ovens
- Treadmills and vacuum cleaners
- Small refrigerator magnets

** Make sure you have grounded outlets in your home as poor grounding can cause electromagnetic interference

Contact information:

Sibley: 404-256-2593

Device Clinic: 404-785-6476

Medtronic/Carelink Patient Services: 1-866-470-7709

This handout contains general information only. Talk with your child's doctor or a member of your child's healthcare team about specific care of your child.