

# Hypertension Program



## Patient questionnaire

Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

### PATIENT INFORMATION

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender (check one): \_\_\_\_\_ Male \_\_\_\_\_ Female

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### LEGAL GUARDIAN

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Relation to Patient: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

### PATIENT MEDICAL HISTORY

1. Has your child's blood pressure been normal in the past?  No  Yes

Date of high blood pressure reading: \_\_\_\_\_ BP reading: \_\_\_\_\_

2. Did your child have high blood pressure on multiple office visits?  No  Yes

If "yes", please list number of visits: \_\_\_\_\_

3. Is your child currently being treated for high blood pressure?  No  Yes

If "yes", please explain: \_\_\_\_\_

\_\_\_\_\_

4. Has your child been evaluated for high blood pressure in the past?  No  Yes

If "yes", describe when and what types of tests your child received:

\_\_\_\_\_

\_\_\_\_\_

5. Is your child allergic to any medications?  No  Yes

If "yes", please list medications: \_\_\_\_\_

6. Is your child taking any prescription, herbal or over-the-counter medications?  No  Yes  
If "yes", please list medications: \_\_\_\_\_

\_\_\_\_\_

7. Please check if you child has experienced any of the following:

\_\_\_\_\_ Weight gain or loss (during the past 6 to 12 months)

\_\_\_\_\_ Heart disease

\_\_\_\_\_ Kidney disease or problems with kidneys

\_\_\_\_\_ Bladder infections

\_\_\_\_\_ Trouble sleeping (snoring, abnormal breathing patterns)

\_\_\_\_\_ Headaches with fast heart beat and sweating

\_\_\_\_\_ Injury to back or abdomen

\_\_\_\_\_ Significant medical illness (explain: \_\_\_\_\_)

\_\_\_\_\_ Hospitalization or surgery (explain: \_\_\_\_\_)

\_\_\_\_\_ Premature birth or low birth weight

8. Describe any other problems your child has been experiencing due to high blood pressure:

\_\_\_\_\_

\_\_\_\_\_

9. Is your child currently on any dietary restrictions?  No  Yes

Explain: \_\_\_\_\_

\_\_\_\_\_

10. Is your child physically active?  No  Yes

11. Describe activities and/or sports in which your child participates and how often:

\_\_\_\_\_

\_\_\_\_\_

### **FAMILY MEDICAL HISTORY**

Has anyone in your immediate family experienced any of the following? *(check all that apply)*

\_\_\_\_\_ High blood pressure

\_\_\_\_\_ High cholesterol

\_\_\_\_\_ Diabetes

\_\_\_\_\_ Kidney disease

\_\_\_\_\_ Heart attack, heart surgery or stroke before age 55

Please bring this completed form with you to your visit. Call **404-785-3607** if you have any questions.