

# Treating symptoms of the flu

## DO

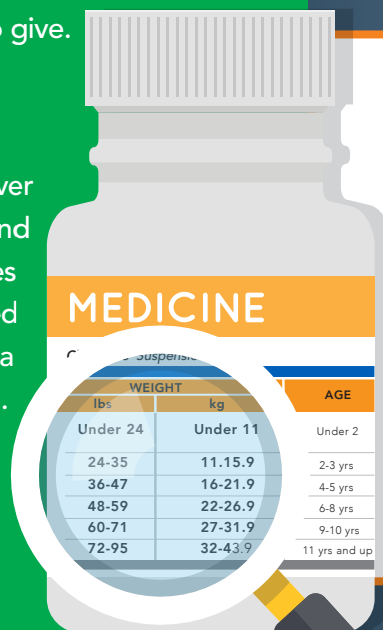
- Do use children's ibuprofen (Motrin/ Advil or another equivalent store brand).

## OR

- Do use acetaminophen (Tylenol or another equivalent store brand).

Make sure you use the right amount of medicine for your child's weight. Read the product label to see the appropriate dose of medicine and how frequently it should be given. If you have questions about dosage, check with your pharmacist or pediatrician on how much medicine to give.

Either ibuprofen or acetaminophen can be used to help reduce fever and ease body aches and pain. The two medicines should not be combined without direction from a healthcare professional.



## DO NOT

Do not use these medicines when your child may have the flu

Do not use any aspirin or aspirin-containing products, including all brands and types of the following:

- Alka-Seltzer
- Anacin
- Bayer
- BC Powder
- Doan's
- Ecotrin
- Excedrin
- Goody's
- Kaopectate
- Pamprin
- Pepto-Bismol
- St. Joseph's
- Vanquish



**ATTENTION:** Acetaminophen can be found in both Tylenol and in cold and cough medicines (such as Dayquil and Mucinex). Make sure that you are not giving your child too much acetaminophen by combining the two. **Too much acetaminophen can be fatal.**

**Do not give your child cough or cold medicines when also giving fever-reducing medicines, unless under the direction of your child's doctor.** Cough and cold medicines do not work for the flu, and some ingredients are not safe for children.

*This is general information only. Talk with your child's doctor or a member of your child's healthcare team about specific care of your child.*



**Children's**  
Healthcare of Atlanta

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