

# KNOW YOUR **FLU FACTS**



- The flu is not just a cold-weather virus. Flu can occur in any season.
- The flu is not just a bad cold. Nearly 100,000 people are hospitalized with the flu each year.
- You cannot get the flu from your flu shot.
- There is no shortage of flu vaccinations—anyone who can get the flu shot should.
- The flu cannot be treated with antibiotics.
- Don't wait to get your flu shot. It can take up to two weeks for the flu shot to take effect.

Visit [choa.org/flu](http://choa.org/flu) for more information.