

Summer camp safety tips for campers and parents

Attending camp is an important milestone for many children—but put safety first. Take precautions and follow these guidelines before sending your child off to camp.

- Learn the camp's screening policies, including background checks, for counselors and volunteers.
- Ask camp administrators about counselor and volunteer training requirements.
- Follow the rule of three: Make sure your child knows that he or she should not go anywhere alone with a camp counselor. Your child should ask for another adult or camp counselor to accompany them.
- Be sure your child's medical information is updated, and share all medical conditions and allergies with the camp administration.
- Teach your child about body safety and establishing safe boundaries.
- Have your child identify safe adults he or she would feel comfortable talking to if you cannot be reached.

