New Onset Seizure (NOS) Pathway: ED Management

October 2024



| Criteria | | | Nur | rsing Considerations |
|---|--|--|---|--|
| Inclusion • Child >8 weeks old • First recognized seizure-general or partial | Exclusion Child ≤ 8 weeks old Patient presenting with absence seizure or febrile seizure | | Position to maintain airway Oxygen and suction set up at bedside; place patient on oxygen as needed to keep sats >93% Monitor: cardiac monitor, pulse ox & obtain full set VS Establish IV access if actively seizing | |
| For active Seizure use Rescue Medications in the Status Epilepticus Guideline | | | | |
| Non-Active/Post Seizure Management | | Labs | Imaging | |
| Seizure precautions-Policy 12.05 If seizure activity recurs, proceed to Rescue Medicat Monitor until patient returns to baseline mental stat Labs and diagnostic evaluation (if indicated) Consider antiepileptic therapy if risk factors. (consult neurology¹) Assess for discharge criteria Cardiac Assessment EKG is recommended when: Cardiac etiology suspected as cause of seizure; Exercise induced seizure; and/or Family history of sudden cardiac death <50 years old | ations atus ult th | After 6 months of age in previously heachildren who have returned to baseline vield of laboratory screening with new onset unprovoked seizure is very low. However, if clinically indicated, considering the following: CBC, CMP POC CG8; toxicology screen Lumbar Puncture <i>if</i> patient has signs symptoms of meningitis or encephalopathy | er | MRI is preferred modality and may often be done as outpatient; Emergent MRI usually does not change the treatment plan for NOS. CT scan is not routinely necessary if patient has: No underlying conditions suggesting concern for intracranial pathology; AND Returned to baseline mental status; AND, Non focal physical exam Considerations for Emergent CT without contrast Abnormal neuro exam Closed head injury Non-accidental trauma <3 years old with focal onset of seizure Underlying condition concern for intracranial pathology |
| Discharge Criteria Admission Considerations | | | | |
| Returned to baseline mental status Results of diagnostic tests (if obtained) do not require ongoing intervention Consider parent/caregiver anxiety and ability to understand education Sedated from Not at basel Multiple seize | | e and no other indicators for admission present it may y to admit this age group ion of 2 nd line anti-epileptic for seizure control m medications ine or prolonged postictal phase | | ol between seizure activity • Frequency of seizure and pervasive seizure activity PICU ADMISSION |
| Patient to follow up with PCP 24-48 hrs Place Fast Access Neurology (FAN) clinic referral: 404-785-KIDS (5437) Prescribe rectal diazepam/Diastat or IN Midazolam (see below for dosing) <u>and</u> education Nos Seizure Rectal diazepam/diastat &/or IN Midazolam (nayzilam) Dosing: ≤5 years and ≥5kg: 0.5mg/kg ≥12 years: 0.2mg/kg May repeat 5mg x1 if seizure persists Max Dose: 20mg | | | | |
| ¹ Consult Neurology | | | | ² VP Shunt Considerations |
| If considering antiepileptic therapy or if seizure is associated with a risk factor: Remote symptomatic seizures Family history of seizure disorder Predisposing condition such as autism; cerebral palsy; moderate to severe developmental delay Consideration for admission Status epilepticus requiring multiple medications Abnormal exam Abnormal imaging | | | Order an Emergent CT scan when a VP shunt is present with other signs concerning for shunt infection or malfunction are present Please note, a brief generalized seizure, in isolation, is not highly suggestive of a shunt malfunction | |

DEVELOPED THROUGH THE EFFORTS OF CHILDREN'S HEALTHCARE OF ATLANTA AND PHYSICIANS ON CHILDREN'S MEDICAL STAFF IN THE INTEREST OF ADVANCING PEDIATRIC HEALTHCARE. THIS IS A GENERAL GUIDELINE AND DOES NOT REPRESENT A PROFESSIONAL CARE STANDARD GOVERNING PROVIDERS' OBLIGATION TO PATIENTS. ULTIMATELY THE PATIENT'S PHYSICIAN MUST DETERMINE THE MOST APPROPRIATE CARE. © 2017 Children's Healthcare of Atlanta, Inc.