

Can I take medicine while I am breastfeeding or pumping?

There are many medicines, both over-the-counter and prescription, that you can still take while you are breastfeeding or pumping.

- Make sure your doctors know that you are breastfeeding or pumping before they prescribe medicines for you.
- Write the medicines you are taking on the breast milk label.
- If you are not sure if your breast milk can be used for your baby while you are taking medicine, keep pumping and store your breast milk until you talk with your lactation consultant or doctor.

Who can I call to make sure the medicines my doctor prescribes are OK to take?

Talk with a lactation consultant, pharmacist or doctor about any medicines you are taking while breastfeeding or pumping. You can also get more details by calling:

InfantRisk

Texas Tech University

Helpline: 1-806-352-2519

They answer calls Monday through Friday from 8 a.m. to 3 p.m. Central Standard Time (CST).

MommyMeds App – search www.infantrisk.com or your app store

Georgia Poison Center

In Atlanta, call: 404-616-9000

Outside of Atlanta, call: 1-800-222-1222

For the deaf and hearing impaired: 404-616-9287 (TDD)

All calls are free of charge

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This teaching sheet contains general information only. Talk with your child's doctor or a member of your child's healthcare team about specific care of your child.

In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.